



DAILY PACK ITEMS (M-F)		DAY CAMP
<input type="checkbox"/>	Compact & comfortable backpack for the day	1
<input type="checkbox"/>	Lunch	1
<input type="checkbox"/>	Water bottle/ Nalgene	2
<input type="checkbox"/>	Sunscreen (at least 30 SPF)	1
<input type="checkbox"/>	Close toed shoes	1
<input type="checkbox"/>	Rain Gear or Poncho	1
<input type="checkbox"/>	Bug Spray	1
RIVER DAY		DAY CAMP
<input type="checkbox"/>	Swimsuit	1
<input type="checkbox"/>	Sunscreen	1
<input type="checkbox"/>	Cap or brimmed hat	1
<input type="checkbox"/>	Clean change of clothes	1
<input type="checkbox"/>	Close toed shoes that can get wet	1
<input type="checkbox"/>	Towel	1
CAVING DAY		DAY CAMP
<input type="checkbox"/>	Warm layers that can get DIRTY – old sweatshirts work well!	1
<input type="checkbox"/>	Boots or athletic sneakers that can get WET & DIRTY!	1
<input type="checkbox"/>	Kneepads	1
<input type="checkbox"/>	Clean change of clothes	1
<input type="checkbox"/>	Trash bag, labeled with name, to store wet & dirty items	1
OPTIONAL ITEMS		DAY CAMP
<input type="checkbox"/>	Camera/film	1
PLEASE DO NOT BRING		DAY CAMP
<input type="checkbox"/>	Cell Phones	0
<input type="checkbox"/>	iPods	0
<input type="checkbox"/>	Electronics	0
<input type="checkbox"/>	Knives	0
<input type="checkbox"/>	Jewelry	0
<input type="checkbox"/>	Expensive Personal Belongings	0